

Academy of Russian Ballet
Recommended Classes by Level per Week
2023-2024

| Level | Leotard Color | Ballet Classes | Character | Modern | Jazz | Tap | Conditioning |
|-------------|----------------|---|-----------|--------|------|-----|--------------|
| Pre-Ballet | Bubblegum Pink | 1 | | | | | |
| ARB Level 1 | Lilac | 1 - 2 | | | | 1 | |
| ARB Level 2 | Hibiscus | 1 - 2 | | | | 1 | |
| ARB Level 3 | Aquamarine | 2 - 3 | | | 1 | 1 | |
| ARB Level 4 | Lipstick | 2 - 4 (minimum 3 classes if on pointe) | 1 | 1 | 1 | 1 | 1 - 2 |
| ARB Level 5 | Wine | 3 - 5 (YAGP = 4x/week) (Min 3 classes if on Pointe) | 1 | 1 | 1 | 1 | 1 - 2 |
| ARB Level 6 | Mallard | 4 - 6 (YAGP = Min 4x/wk) | 1 | 1 | 1 | 1 | 2 |
| ARB Level 7 | Navy | 4 - 6 (YAGP = Min 4x/wk) | 1 | 1 | 1 | 1 | 2 |
| ARB Level 8 | Black | 4 - 6 (YAGP = Min 4x/wk) | 1 | 1 | 1 | 1 | 2 |